



Below is an example timeline used for a young married group. Use it as a tool to help you structure your first night. It is meant to be an example of one possible way to structure your time together, although there are many ways of doing so.

Example Timeline for First Meeting

Wednesday, 7:00-9:00

7:00-7:45 - get to know each other (introductions, ice breaker activity)

- You may be nervous, that is normal. This is a time to get to know each other. We are going to do a small activity to break the ice.

Activity: "Speed double-dating" – Pair up with one other couple, each couple has a random question to ask the other. Set a timer for 2 minutes; once the timer runs out, each couple must end their conversation and switch to meet a new couple. Continue until each couple has had a chance to meet one another.

(Leader's note: most nights might not have as much dedicated "social time" but on the first night it is important to take the time to break the ice and begin building trust with those in your group)

7:45-8:45 – Wrap up ice breaker, transition to group discussion

Vision & Mission conversation

- What is the purpose of this group?
 - Who do we hope to become? (vision)
 - How will we achieve our goal? (mission)

8:45-9:00 – wrap up discussion, final questions, pray together to end the night (take prayer requests)