

*Below is a list of ice breaker questions aimed at helping you get to know those in your group. They are intended to be printed out and cut into strips to be used in ice breaker activities.*

Are you more of a coffee person or a tea person?

Do you prefer hot or cold drinks more?

Do you prefer savory or sweet foods?

What's your go-to comfort food?

If you could have an unlimited supply of one snack for the rest of your life, what would it be?

Are you more of a morning person or a night owl?

What's an activity you've always wanted to try but never have?

If you could teleport anywhere for lunch today, where would you go?

What's something that's brought you joy recently?

What kind of environment helps you feel relaxed?

Would you rather wear the same color shirt every day for the rest of your life or cycle through all the shirt colors before wearing the same color again?

Are you more of an indoor or outdoor person?

If you could own one exotic animal, what would it be?

If you could have one superpower, what would it be and what would you do with that superpower?

What is your dream vacation spot?

Do you have any irrational fears? If so, what is it?

If you could invite anyone in the world to your house for dinner, who would it be? (Can be past or present)

What does a “perfect” day look like for you?

What is one thing in your life that you are grateful for?

What is the most exciting thing you have ever done? What is the most terrifying thing?

Where is a place you have always wanted to travel?

Which person in your life did you admire most growing up?

What is your favorite thing to do on a day off?

Do you enjoy rainy days or sunny days? Why?

Do you prefer having a night out or a night in?